

P. PORTO	PROVAS DE ACESSO E INGRESSO PARA OS MAIORES DE 23 ANOS	Nº CONVENCIONAL _____
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Prova: Inglês A

PART A- READING COMPREHENSION (10x4=40 marks)

You are going to read an article about the impact of technology on modern communication. For questions 1-10, choose the corresponding speaker (A-E). You may choose each speaker more than once. Write the letter next to each question.

Which speaker (A-E)...

1. believes digital communication has improved family relationships?	
2. thinks social media has negatively affected mental health?	
3. argues that online communication has made professional networking easier?	
4. says that technology has led to the loss of traditional letter writing?	
5. claims that technology has reduced face-to-face interactions?	
6. finds that instant messaging is more efficient than phone calls?	
7. believes digital platforms have helped small businesses?	
8. criticizes people for being too dependent on their smartphones?	
9. states that video calls have helped connect people over long distances?	
10. suggests that technology has made people less patient?	

The Impact of Technology on Modern Communication

A – Emma Carter (Psychologist)

In my work, I've seen how technology has transformed relationships. Many people now stay in touch with family members who live far away through video calls, which can strengthen emotional bonds. However, I've also encountered individuals who feel anxious or overwhelmed by constant digital interactions. The pressure to always be available online can be mentally exhausting.

B – Liam Patel (Small Business Owner)

Technology has been a game-changer for small businesses like mine. Digital marketing, social media, and online marketplaces have allowed us to reach customers worldwide without the costs of traditional advertising. However, I sometimes worry that people have become too reliant on smartphones. You can't go anywhere without seeing someone glued to their screen, completely detached from the real world.

C – Rachel Stevens (Historian)

As someone passionate about history, I regret how technology has made certain traditions disappear. For instance, letter writing was once an art, but now it's nearly extinct. While emails and instant messages are convenient, they lack the personal touch of handwritten letters. At the same time, I do recognize that technology has made professional networking much easier. Before, you had to rely on in-person meetings, but now, a simple LinkedIn connection can open new career opportunities.

D – Michael Roberts (Sociologist)

My research focuses on how digital communication affects social behaviour. One clear trend is the decline of face-to-face interactions. Many young people now prefer texting over speaking, even when they're in the same room. This shift might explain why patience is decreasing—people expect instant replies and immediate gratification. On the other hand, messaging apps can be incredibly efficient, helping people communicate quickly and effectively.

E – Sophia Clarke (Technology Analyst)

There's no denying that technology has changed the way we communicate, mostly for the better. Instant messaging and video calls allow for seamless global connections. Yet, there is a downside—social media can negatively impact mental health, particularly for younger generations. People often compare their lives to unrealistic online portrayals, which can lead to stress and dissatisfaction.

PART B – LANGUAGE IN USE

B1 – Sentence transformation (5x3=15 marks)

Complete the second sentence so that it has a similar meaning to the first, using the word given in CAPITALS. Use between three and six words, including the word given without changing it in any way.

1. "I'll send you the details tomorrow," he said. (PROMISED)

→ He _____ the details the next day.

2. We are excited about our trip to Japan next summer. (LOOKING)

→ We _____ our trip to Japan next summer.

3. The manager said the delay was caused by technical problems. (BLAMED)

→ The manager _____ technical problems.

4. I regret not studying harder for the exam. (WISH)

→ I _____ harder for the exam.

5. If you hadn't helped me, I wouldn't have completed the project. (BEEN)

→ I wouldn't have completed the project _____ your help.

B2 – Multiple-Choice Gap Fill (16x1 = 16 marks)

Read the following text and choose the best word (A, B, C, or D) to fill each gap.

The Changing Workplace

Modern workplaces are evolving due to advancements in (1) _____. Employees increasingly use (2) _____ communication platforms, which allow them to (3) _____ in real time regardless of their location. While many companies see this as an opportunity to (4) _____ productivity, some experts argue that it also creates challenges.

One significant concern is the (5) _____ of face-to-face interaction. Virtual meetings can sometimes lead to (6) _____ misunderstandings because people rely less on body language. Additionally, employees working remotely may struggle with (7) _____, leading to reduced efficiency.

However, flexible work arrangements offer several (8) _____. Many employees find that they can (9) _____ their work and personal lives more effectively. Employers also benefit from hiring talent from a (10) _____ pool, rather than being restricted to one location.

To succeed in this new environment, employees must develop strong (11) _____ skills. Time management, (12) _____ solving, and adaptability are essential. While technology simplifies some aspects of work, it also creates new (13) _____ that must be addressed. Companies need to find a (14) _____ between digital efficiency and human interaction. Only those who (15) _____ to these changes will thrive in the modern workplace. In the end, technology is only as effective as the people who (16) _____ it.

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|-------------------|------------------|-----------------|-------------------|
| 1. A. educational | B. technology | C. transport | D. economy |
| 2. A. digital | B. regular | C. verbal | D. silent |
| 3. A. communicate | B. respond | C. reaction | D. transfer |
| 4. A. promote | B. reduce | C. ignore | D. delay |
| 5. A. increase | B. shortage | C. abundance | D. existence |
| 6. A. serious | B. useful | C. technical | D. cultural |
| 7. A. motivation | B. education | C. isolation | D. promotion |
| 8. A. expenses | B. benefits | C. difficulties | D. opinions |
| 9. A. separate | B. to organise | C. manage | D. compare |
| 10. A. wider | B. limited | C. smaller | D. identical |
| 11. A. practice | B. communication | C. mechanical | D. organisational |
| 12. A. question | B. difficulty | C. problem | D. project |
| 13. A. solutions | B. challenges | C. distractions | D. connections |
| 14. A. division | B. risk | C. balance | D. change |
| 15. A. adapt | B. follow | C. return | D. refuse |
| 16. A. use | B. depend | C. manage | D. control |

B3 – Open Gap Fill (8x4= 32 marks)

Complete the following text by writing the missing word in each gap. Use only ONE word for each space.

Time Management for Students

Many students struggle with time management, especially when they have multiple deadlines. It is important to create a schedule that allows (1) _____ time for studying and rest. Students should focus (2) _____ their most difficult tasks first and avoid distractions. (3) _____ they may feel overwhelmed at times, staying organised can help them manage stress. Additionally, seeking advice from teachers or peers can be (4) _____ beneficial. No matter (5) _____ busy they are, students should also take breaks to stay refreshed. Developing good habits (6) _____ an early stage will help them in the long run. Learning (7) _____ prioritize tasks effectively can lead to academic success. In the end, (8) _____ who practise good time management will perform better in their studies.

B4 – Word Formation (10x2.5 = 25 marks)

Use the word given in CAPITALS to form a word that fits in the gap.

The Job Market

The modern job market is highly competitive. Candidates need (1) _____ (QUALIFY) and relevant skills to succeed. Employers look for individuals with strong (2) _____ (COMMUNICATE) skills and a high level of (3) _____ (PROFESSION) expertise. As (4) _____ (GLOBE) economies continue to evolve, businesses seek employees who are (5) _____ (ADAPT) and capable of handling challenges. Companies also value (6) _____ (LEAD) qualities in potential hires. It is (7) _____ (INCREASE) important to be able to work as part of a team. Many (8) _____ (ORGANISE) now prioritize training programmes to enhance employee skills. Without a willingness to learn and develop, professionals may find themselves (9) _____ (EMPLOY) in a rapidly changing job market. Employers expect workers to show (10) _____ (INNOVATE) thinking and problem-solving abilities.

PART C – WRITING (41 MARKS)

Write **140-180 words** commenting on the statement (write in an appropriate style):

‘Online learning is more effective than traditional classroom learning.’ Do you agree?

Include:

1. Flexibility
2. Interaction with teachers and colleagues
3. Your own idea

PART D – LISTENING (31 MARKS)

D1- You will hear people talking about eight different situations. For questions 1-5 choose the best answer (A, B or C). (8x2=16 marks)

1. You hear a physiotherapist talking to a patient. What kind of exercise does she recommend?
A. exercise done while lying on the back B. exercise done while standing up
C. exercise done while lying on the stomach
2. You hear a woman phoning an Indian restaurant to order a takeaway meal. Which curry has rice included?
A. beef B. lamb C. chicken
3. You hear a woman in an art gallery talking about a painting. Which date was it painted?
A. 1848 B. 1884 C. 1888
4. You hear a man giving directions to a football ground. What does he say the other person must do at the traffic lights?
A. turn left B. go straight on C. turn right
5. You hear two colleagues talking about a character one has invented.
What animal is this character supposed to be?
A. an elephant B. a horse C. a bear
6. You hear a woman talking to a policeman at a police station. What is her problem?
A. Her bag has been stolen. B. Her purse has been stolen.
C. Her camera has been stolen.
7. You hear a radio announcement about traffic. Which road has been blocked by a car crash?
A. M63 B. A36 C. B636
8. You hear a woman talking about a slimming diet. What does she say about the diet?
A. It can have useful results. B. It can be extremely harmful.
C. It is scientifically approved.

D2- You will hear a woman called Jane Robertson giving a talk about a language called Gaelic. For questions 1-5, complete the sentences with a word or short phrase. (5x3=15 marks)

Gaelic

Today, approximately (1) _____ people speak Gaelic in Scotland.

Jane would like to see one-third of people under 25 speaking and (2) _____ Gaelic.

Some parents send their children to Jane's school for (3) _____ reasons.

Jane feels very (4) _____ about the future of Gaelic.

With a lot of effort, nowadays 80% of children learn Welsh as a (5) _____ language.

TOTAL: 200 MARKS